

MARCH 2021

DOVER ELEMENTARY SCHOOL

All lunches include choice of entrée, deli sandwich, fresh fruit & vegetables, choice of local dairy 1% or fat free chocolate milk]

Monday

1
PASTA W MEATSAUCE
OR POPCORN CHICKEN
OVEN ROASTED ZUCCHINI
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

8
CHEESEBURGER ON WW BUN
OR POPCORN CHICKEN
FRENCH FRIES
CARROT STICKS
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

15
PIZZA BITE
W SAUCE
OR POPCORN CHICKEN
OVEN ROASTED ZUCCHINI
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

22
CHEESY BREADSTICK
W SAUCE
OR POPCORN CHICKEN
CUCUMBER STICKS
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

29
SPRING BREAK
NO SCHOOL

Tuesday

2
PANCAKES W BACON
OR HOT DOG ON A BUN
HASH BROWN STICKS
CARROT STICKS
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

9
PASTA W MEATSAUCE
DINNER ROLL
OR HOT DOG ON A BUN
CAULIFLOWER
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

16
CHICKEN TENDERS
DINNER ROLL
OR HOT DOGS
CARROT STICKS
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

23
GRILLED CHEESE
OR HOT DOG ON A BUN
BAKED BEANS
CUCUMBER STICKS
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

30
SPRING BREAK
NO SCHOOL

Wednesday

3
CHICKEN TENDERS
DINNER ROLL
OR PIZZA
CARROT STICKS
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

10
CRISPY CHICKEN ON BUN
OR PIZZA
MIXED VEGETABLES
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

17
CHICKEN DRUMSTICK
OR PIZZA
CORN
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% OR WHITE MILK
CHOICE OF SANDWICH

24
WAFFLES WITH SAUSAGE
OR PIZZA
MIXED VEGETABLES
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

31
SPRING BREAK
NO SCHOOL

Thursday

4
NACHO
OR CHICKEN QUESADILLAS
BLACK BEANS & RICE
CORN
FRESH FRUIT
FAT FREE CHOCOLATE /WHITE MILK
CHOICE OF SANDWICH

11
CHICKEN DRUMSTICK
OR CHICKEN QUESADILLAS
MASHED POTATOES
CORN
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE OF SANDWICH

18
NACHO
OR CHICKEN QUESADILLAS
BLACK BEANS & RICE
CORN
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% OR WHITE MILK
CHOICE OF SANDWICH

25
MACARONI & CHEESE BITES
DINNER ROLL
CHICKEN QUESADILLAS
CAULIFLOWER
FRESH FRUIT
FAT FREE CHOCOLATE OF 1% WHITE MILK
CHOICE OF SANDWICH

Friday

5
PIZZA
OR HAMBURGER ON A BUN
BROCCOLI
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE SANDWICH

12
PIZZA
OR HAMBURGER ON A BUN
BROCCOLI
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE SANDWICH

19
PIZZA
OR HAMBURGER ON A BUN
BROCCOLI
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE SANDWICH

26
PIZZA
OR HAMBURGER ON A BUN
BROCCOLI
FRESH FRUIT
FAT FREE CHOCOLATE OR 1% WHITE MILK
CHOICE SANDWICH

PLEASE FILL OUT CEP FREE & REDUCED APPLICATIONS. AVAILABLE IN DINING HALL AND ON SCHOOL WEBSITE. SPECIAL DIETARY NEEDS PLEASE CONTACT, CAROL JANKOWSKI @ 845-877-5700X1260.

